

FEBRUARY 2025

# Victims Assistance Center

MONTHLY NEWSLETTER



## A MESSAGE FROM OUR EXECUTIVE DIRECTOR: AMY GRANT-QUONCE

Teen dating violence is an issue facing young adults all across our country. Each February, advocates, parents, and teens raise awareness about this very serious issue. This annual effort focuses on education and advocacy to stop dating abuse before it starts.

The prevalence of teen dating violence is staggering. Statistics show that 1 in 3 U.S. teens will experience physical, sexual, or emotional abuse from someone they're in a relationship with before becoming adults. And nearly half (43%) of U.S. college women report experiencing violent or abusive dating behaviors.

Warning signs of unhealthy relationships include extreme jealousy, temper outbursts, controlling behavior, pressure to have sex, and any kind of physical harm.

The 2025 theme for Teen Dating Violence Awareness Month is **Respect That**. Respecting someone isn't just a vague idea; it's action and a mindset. The theme "Respect That" highlights the importance of treating partners with dignity, listening to their viewpoints, respecting their boundaries, and valuing their autonomy by focusing on "respect" ([www.loveisrespect.org](http://www.loveisrespect.org)). If you have a teen in your life, I encourage you to speak openly with them about their relationships. Remember to stay non-judgmental and supportive.

The Victims Assistance Center offers free education to individuals and groups about healthy relationships. Email us for more information [victimsassistancecenter@vacjc.com](mailto:victimsassistancecenter@vacjc.com).

Office Hours:  
Monday- Friday  
8am-4:30pm  
(315) 782-1823

24/7 HOTLINE:  
(315) 782-1855

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**AMY GRANT-QUONCE**

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# BEHIND THE MISSION

Jefferson Community College Campus Advocacy

February is Teen Dating Violence Awareness Month

We are highlighting the JCC Campus Advocate's role in education, prevention, and survivor support. The goal is to provide guidance on healthy relationships, consent, and bystander intervention, while assisting survivors with Title IX, court processes, and resources.

A key initiative, RISE (Respect Integrity Support & Empowerment), is a student-led group offering peer prevention workshops on dating violence, bullying, and mental health—helping bridge the gap to support services.

As part of the JCC Coordinated Community Response Team (CCRT), the advocate ensures students can report concerns safely and access critical support.

Let's work together to promote healthy relationships and support survivors! ❤️



#TDVAM #HealthyRelationships #SupportSurvivors



## WE'RE HIRING!

**Crisis Services Advocates**

**Child Advocacy Center Lead Advocate**

**Child Advocacy Center Forensic Interviewer**

*Apply Now*



## Employee Benefits Package



### Medical Coverage

Access to a vast network of healthcare providers for routine check-ups, preventive care, and emergency services with Excellus Blue Cross Blue Shield Coverage. You are given the choice of 3 different health plans so you can find a plan that meets your needs. The agency contributes \$650 per month toward your health insurance coverage.



### Dental and Vision Coverage

Optional add-ons for dental and vision coverage, providing a holistic approach to your overall well-being. Multiple plan options so you can select the one that works for you.



### Hospitalization, Cancer & Accident Protection

Optional coverage for hospital stays, accidents, and cancer diagnoses, offering financial peace of mind during challenging times.



### Agency Sponsored HRA

\$3900 is given to each employee annually to help pay co-pays, deductibles, or for any out of pocket medical related expense.



### Telehealth Services

Free subscription to United Concierge Medicine offering medical care for urgent and ongoing medical issues as well as counseling services. Completely free for staff and their dependents and fully virtual making it easy to access.



### Life Insurance

Agency sponsored life insurance policy of \$25,000 per employee. Optional additional coverage available for employee and dependents.



### Short and Long Term Disability

Optional coverage to help cover expenses if you must be out of work for an extended amount of time for a medical reason.



### Retirement Savings

401K plan by Ameritas with a 3% employer match to help you save faster for retirement.



### Employee Assistance Program

Offering free support and counseling services for staff and their family members.



### Longevity Raises

The agency recognizes employees for their longevity by providing a raise of \$1500 after every 5 years of employment.

## Generous Time Off

12

Sick Days Per Year (time can be used in 1 hour increments)

10

Vacation Days Per Year (3.08 hours per pay period).

40

Hours of Personal Time Each Year

5

Days of Extended Sick Leave for illnesses lasting more than 3 days  
\*with doctors note

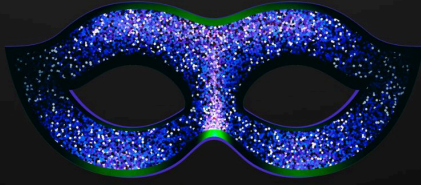
\*increases after 5 years of employment



THE VICTIMS ASSISTANCE CENTER'S  
CHILD ADVOCACY CENTER OF NORTHERN  
NEW YORK PRESENTS OUR 7TH ANNUAL:

# NIGHT OF HEROES

## Masquerade BALL



Saturday

APRIL 5, 2025

6:00PM- 10:00PM

EDGEWOOD RESORT, ALEXANDRIA BAY

# TICKETS ON SALE NOW

NIGHT OF HEROES -  
MASQUERADE BALL

SATURDAY, APRIL 5, 2025  
EDGEWOOD RESORT, ALEXANDRIA BAY

\$85 PER TICKET  
\$650 FOR A TABLE OF 8



FOR MORE INFORMATION, TO HOST A TABLE OR  
SPONSORSHIP OPPORTUNITIES:

CONTACT KRISTIN

(315)755-1434 / KRISTINP@VACJC.COM

EMPLOYEE SPOTLIGHT

Regina



Regina is a Case Manager with the VAC - she works with clients in our safe shelter to ensure their immediate and long-term needs are met. She links them with housing, employment options, and services including therapy, medical treatment & more.

We are so grateful to have her on our team!

## JOIN THE HEARTFELT MOVEMENT



WATERTOWN HANNAFORD



This February we're spreading the LOVE! Every reusable \$2.50 Community Bag sold this month at our selected Hannaford location will send our organization \$1.

## Sponsors Against Violence

RETURNING SUPPORTING SPONSOR

RETURNING CONTRIBUTING SPONSOR



For more information on Sponsorship Opportunities contact  
Development Director, Kristin (315) 755-1434