## **AUGUST 2024**



MONTHLY NEWSLETTER



August can bring about some mixed feelings. Summer starts to wind down and for kids, the excitement and nerves about a new school year start to set in. Some children look forward to their return to school, the new classroom, the fall sports season, and seeing friends they haven't seen all summer. There may be worries about having to use a locker for the first time, how much homework their teacher will assign, and who they'll sit with for lunch. As an adult, I can still recall all of those emotions and feelings.

For a child living in a home with domestic violence, school can bring about new challenges and behaviors. It is estimated that 1 in 15 children are exposed to domestic violence every year. If you put that in perspective of an average size elementary class in our area, that means 1-2 children per class are being exposed to domestic violence at home. Research has shown that witnessing acts of domestic violence can be as harmful to children as direct abuse to themselves. The children may suffer from depression, anxiety, isolation or feelings of guilt. Some children may act-out aggressively toward other children, have poor school attendance, failing grades, or have trouble forming close friendships. Even stretching beyond their school years, children who witness domestic violence can endure lifelong effects of the trauma.

Stopping domestic violence starts at home. If you, or a loved one, are living in an unsafe home please reach out today. We are here for you. 315-782-1855



## RESCHEDULED DATE

PIXE

**SouthJefferson** 

**Office Hours:** Monday- Friday 8am-4:30pm (315) 782-1823

24/7 HOTLINE: (315) 782-1855

**EXECUTIVE DIRECTOR: AMY GRANT-QUONCE** 

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WE'RE HIRING! APPLY ONLINE: vacjc.com/about-us/employment/



TO SUPPORT SURVIVORS OF CRIME.

## YOUR \$100 COULD HELP WITH:

- A SPECIALIZED THERAPY SESSION FOR A CHILD
   NEW BEDDING FOR CLIENTS LEAVING SHELTER
- A SPECIALIZED MEDICAL EXAM FOR A CHILD AFTER A
- SEXUAL ABUSE ALLEGATION
- EMERGENCY PHONES FOR DOMESTIC VIOLENCE CLIENTS
- TRANSPORTATION FOR SURVIVORS OF CRIME FOOD, GIFT CARDS, NECESSITIES FOR CLIENTS LEAVING ABUSIVE SITUATIONS





## <u>UPCOMING EVENTS</u>

**SAVE THE DATES!** 

FAMILY SAFETY NIGHT

THURSDAY AUG. 8TH, 2024 SOUTH JEFFERSON CSD

LIGHT UP THE NIGHT AGAINST CHILD ABUSE

FUN RUN/WALK

CREATE YOUR PLEDGE
FRIDAY, SEPT. 13, 2024
JEFFERSON COMMUNITY COLLEGE

OPENING CLOSED DOORS CONFERENCE

TUESDAY, SEPTEMBER 17, 2024
HILTON GARDEN INN, WATERTOWN

ST LAWRENCE COUNTY CORNHOLE TOURNAMENT

SATURDAY, SEPTEMBER 28, 2024 SEAWAY HONEY HOLES, RENSSELAER FALLS

TAKE BACK THE NIGHT WEDNESDAY, OCTOBER 23, 2024 JEFFERSON COMMUNITY COLLEGE STAND IN SOLIDARITY WITH SURVIVORS OF DOMESTIC VIOLENCE

3RD ANNUAL
WITCHES GALA
SAT. OCTOBER 26, 2024
FAICHNEY DRIVE BUSINESS COMPLEX
In awareness of domestic violence

FOR MORE INFORMATION,

CONTACT KRISTIN

(315)755-1434 / KRISTINP@VACJC.COM

AUGUST
EMPLOYEE
OF THE MONTH



**JENNIFER** 

Jefferson Community College Campus Advocate